

Proclamation

Issued by the Governing Body of the
Town of Lauderdale-By-The-Sea,

WHEREAS, the Town of Lauderdale-By-The-Sea Commission is firmly committed to raising awareness about Suicide Prevention in the Town of Lauderdale-By-The-Sea and Broward County, and

WHEREAS, the month of September is nationally recognized as Suicide Prevention Awareness Month, and

WHEREAS, more than 40,000 Americans die by suicide each year, and

WHEREAS, suicide is a national epidemic costing the lives of 6,000 Veterans each year and is a leading cause of death for first responders, and

WHEREAS, suicide is the second leading cause of death for children, adolescents, and young adults age 10 to 24 years and because of that the American Academy of Pediatrics, the Children's Hospital Association, and the American Academy of Child and Adolescent Psychiatry have declared a national emergency in child mental health, and

WHEREAS, in Florida, a person dies by suicide every two hours on average with suicides in Florida far outnumbering homicides, and

WHEREAS, Firearms are the leading method of suicide in Florida and access to a gun triples the risk of death, and

WHEREAS, it is critical to recognize the signs of depression that may lead to thoughts of suicide including: speaking about wanting to die, feelings of isolation or hopelessness, increased use of drugs or alcohol, and severe mood swings, and

WHEREAS, it is critical to recognize the best methods to prevent suicide when a person is in crisis: ask if the person is thinking of taking their life; keep them safe and remove their access to lethal means such as poisons, prescription drugs, and firearms; get them professional help. In Florida, dial 2-1-1 or call the National Suicide Prevention Lifeline 1- 800-273-8255 or text 741741.

NOW, THEREFORE, I, Chris Vincent, Mayor, on behalf of the Town Commission and residents of Lauderdale-By-The-Sea, hereby designates the month of *September* as

"Suicide Prevention Month"

and encourages everyone to recognize the signs of depression that may lead to thought of suicide and to understand the best methods to prevent suicide when a person is in crisis.



*In witness whereof we have hereunto set our
hands and caused this seal to be affixed*

Chris Vincent, Mayor

Katrina Adler, Town Clerk

