

Kearny Martial Arts

GET THE "YES I CAN" ATTITUDE

MICHI BUDO RYU

A complete self defense style that combines the best elements of classic Japanese arts.

KARATE

POWER STRIKES AND KICKS

JUDO

THROWING AND CONTROLLING

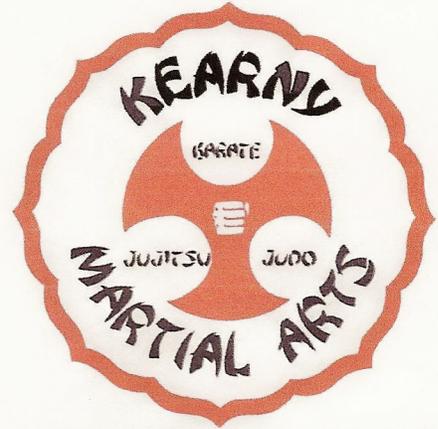
JUJITSU (ADULTS CLASS)

JOINT LOCKS AND CHOKES

JUJITSU (CHILDRENS CLASS) SELF DEFENSE

NIWAZA

GROUND FIGHTING

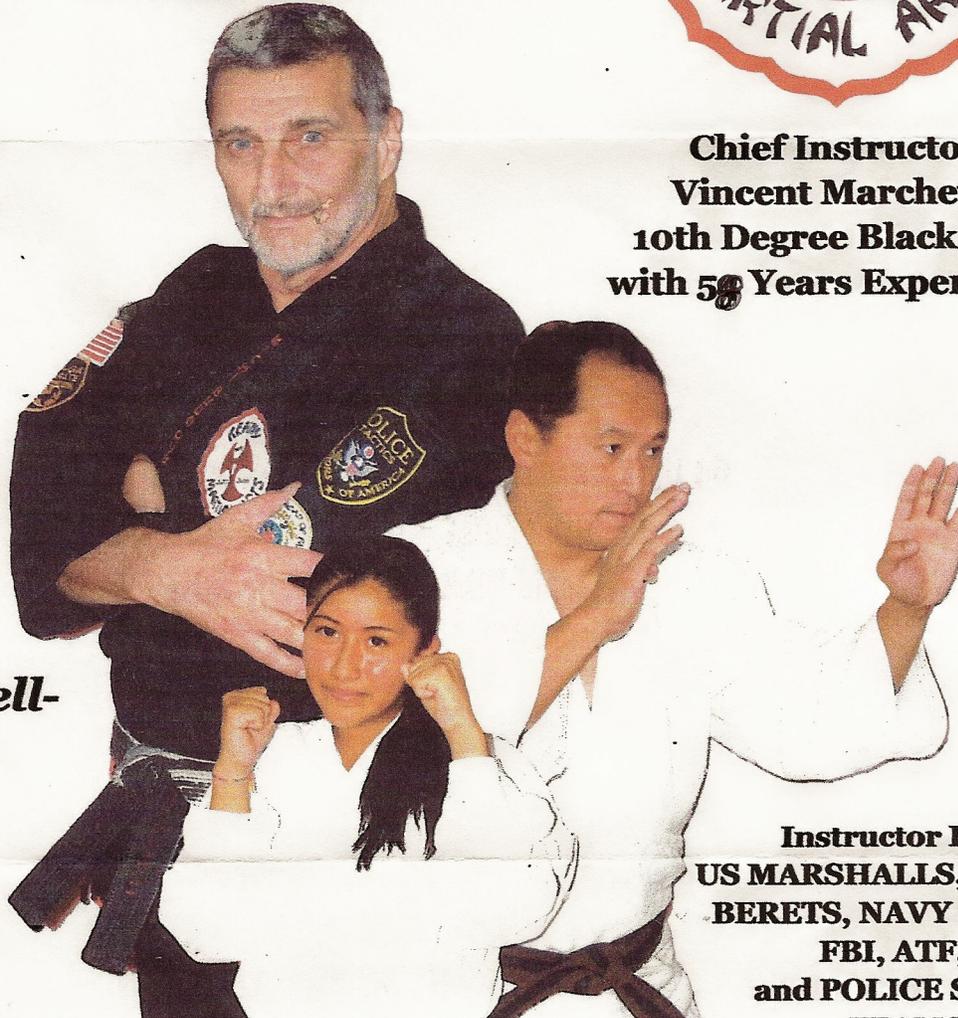


Builds:

- *Self Esteem*
- *Self Control*
- *Confidence*
- *Speed*
- *Power*

Improved:

- *Balance*
- *Health & Well-ness*
- *For Men, Women & Children of All Ages*



Chief Instructor
Vincent Marchetti
10th Degree Black Belt
with 58 Years Experience

Instructor For:
US MARSHALLS, GREEN
BERETS, NAVY SEALS,
FBI, ATF,
and POLICE SWAT